

Anti-Inflammatory Effects of The Chloroform Extract of *Annona muricata* Leaves on Phospholipase A2 and Prostaglandin Synthase Activities

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Abstract:

This study ascertained the mechanisms of the anti-inflammatory activity of the total lipid (chloroform) extract of *Annona muricata* leaves. The plant material was extracted with a mixture of chloroform and methanol (2:1) and partitioned with 0.2 volume water. The chloroform extract was investigated for its effect on the in vitro activities of phospholipase A2, prostaglandin synthase and membrane stabilization. The extract significantly ($p < 0.05$) inhibited phospholipase A2 activity in a concentration-related manner compared to the control, with a range of 0.2 - 0.6 mg/ml inhibiting the enzyme activity by 23.91 - 43.48%. Effect of the extract on prostaglandin synthase activity showed a significant ($p < 0.05$) inhibition of enzyme activity at the doses 0.1, 0.5 and 1.0 mg/ml compared to the control. The highest percentage inhibition (87.46%) attained at 0.5 mg/ml was comparable to that of 1.0 mg/ml indomethacin. At various concentrations (0.1-0.8 mg/ml), the chloroform extract also significantly ($p < 0.05$) inhibited heat and hypotonicity-induced haemolysis of human red blood cells (HRBCs) compared to the control. The highest percentage inhibition of heat-induced haemolysis (53.03%) was obtained at 0.4 mg/ml of the extract while the highest percentage inhibition of hypotonicity-induced haemolysis (77.91%) was obtained at 0.8 mg/ml. This study thus confirmed that the mode of action of this extract of *Annona muricata* leaves on inflammation could be through the inhibition of phospholipase A2 and prostaglandin synthase activities and by membrane stabilization.

Keywords: *Annona muricata*; Anti-inflammatory; Phospholipase A2; Prostaglandin synthase; Membrane stabilization; HRBCs: Human Red Blood Cell Membranes